

Prairieland Community Supported Agriculture  
Week 7 - June 13, 2007

From the Farm:

Please see Diann's note at pickup.

In This Week's Share:

Most likely, yellow summer squash, Swiss chard, cucumber, broccoli, radishes, green onions, romaine lettuce, and spinach.

Recipes and Ideas

Please see previous newsletters at <http://www.prairielandcsa.org/newsletters.html> or Recipes from America's Small Farms for previous vegetables.

Swiss Chard

Swiss Chard is a milder green. This collection of recipes from Marquita Farm in California is one of the best. <http://www.mariquita.com/recipes/chard.html> The fettucine with Swiss chard, currants (golden raisins), walnuts, and brown butter is very good. Marquita Farm made the difficult decision to leave the San Francisco Ferry Market this year as the number of farmers markets it was vending at was cutting into its production time. This is another reason that CSAs are beneficial to farmers as there is not as much time spent selling and they are able to have more time to produce and sleep. The Moores must get up at 1am to come to the Farmers Market in Urbana.

Yellow Summer Squash

Use like zucchini.